



Go Fitness Trip in Småland and beyond



Unique landscapes in Småland and beyond



Go in a motorhome on a fitness trip in Southern Sweden

- Outdoor training programs and events
- Scenic lakeside parking and cottages
- Personal trainers and about local outdoor training
- Healthy food cooked outside
- National Parks and scenic landscapes to train in.



Park close to your training.

Aneby lake offers [Målsåanna Farm](#) has a nice camping park. You can do outdoor training fitness, kickboxing and yoga with a personal trainer/instructor.

East Vättern Scarp Landscape (a Biosphere reserve) offers [Drefseryd Farm](#) - motorhome parking and hard farm work, build traditional wooden fences..

[Visingö](#), the active island with outdoor fitness events, great forest running, cycle around the island – 30 km, forest paths for mountain biking, bike rentals, outdoor pool, a golf course and much more.

Hökensås National Park offers true nature training adventures with [Nystedt Husky Tour & Nature](#).



*(All links open
in a new window)*

Sports event

*(All links open
in a new window)*



[Vätternrundan](#), a 300 km bicycle race around the lake Vättern, July

[Grevskapsloppet](#), Visingsö island; a family running event - children 1 or 3 km, adults 5 or 10 km, July

[Sommarloppet](#), 45 km from Jönköping to Visingsö, run as much as you can, important is to have fun.

[Vätter Challenge Triathlon](#), Jönköping, July

[Örserum Triathlon](#), Gränna, July

[Salomon Trail Tour](#), IKHP, Huskvarna, September 2014

[Landsjön Runt](#), around the lake run, go on roller-skates, in-lines or roller skis - 12,5 km, October

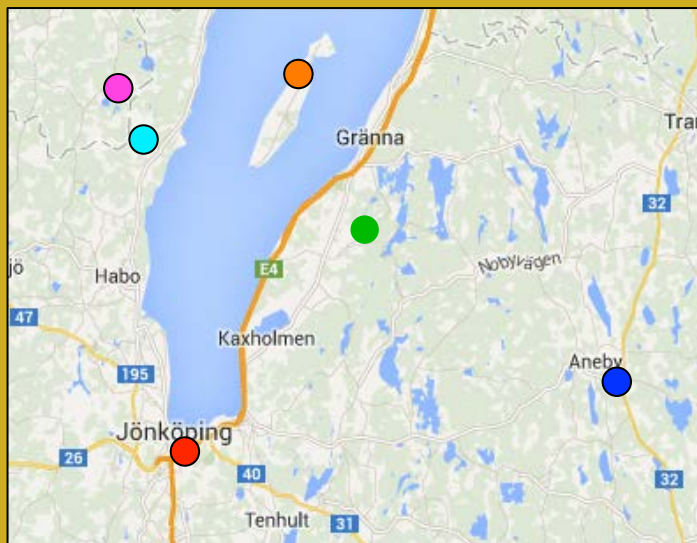
[Canicross](#)
Hökensås National Park,
November a fun and hard run,
Sled dog and Snowshoe-running

*(The map and the names are clickable,
all open in a new window)*

 Daylight
Motorhomes


 Camp
Visingsö

 Målsåna
Tourism & Agri.



 Hökensås
Nature Reserve

 Drefseryd
Farm

 Nystedt Husky
Tour & Nature

We are:

Daylight Motorhomes

Camp Visingsö

Målsåna Tourism and Agriculture

Drefseryd Farm

Nystedt Husky Tour & Nature



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Interested in more information
on the above or
around renting a motorhome?

We rent out motorhomes from
Jönköping and Göteborg

Eva Oscarsson
Daylight Motorhomes AB

+46-(0)36-12 22 33

eva.oscarsson@daylighthusbil.se

www.daylighthusbil.se

Skype: [daylighthusbil.se](https://www.skype.com/people/daylighthusbil.se)



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